FORT CARSON SUICIDE PREVENTION

RISK FACTORS

Loss, separation, divorce
Financial problems
Heavy drinking, drugs
Depression

WARNING SIGNS

Social withdrawal or isolation
Decline in work performance
Risk taking
Suicide Gestures

WHEN IN DOUBT - PLAY IT SAFE!

Talk, get more information. How? Where? When?
Secure the soldier.
Notify the chain of command.
Contact Mental Health ASAP: Duty Hours 6-7155 (Psychiatry)

After Hours 6-7650 (Emergency)